

Resilience and Wellbeing in Young Children, Their Families and Communities: Exploring Diverse Contexts, Circumstances and Populations (1st edition.)

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## Part of the Towards an Ethical Praxis in Early Childhood series

Resilience and Wellbeing in Young Children, Their Families and Communities unpicks the theme of resilience and wellbeing through diverse contexts, circumstances, populations and life stories in order to explore its complexity globally.

Current societal events have brought forward a need for understanding how to best support and create environments with conditions that promote children's holistic wellbeing. Violence in all its facets, poverty, political conflict and the recent pandemic are among the major realities threatening children, and this demands attention to how resilience can be supported to effectively safeguard children's lived experiences. This book explores resilience from a range of perspectives, research projects and practical support mechanisms for young children, families, educators and communities. It starts with theoretical conceptualizations and goes on to present specific research projects and applied initiatives and how these can be used in application to praxis for young children and their families.

Being of interest to educators and human services striving to advocate for and enhance young children's wellbeing, this book will serve as both a useful overview of the many approaches to supporting resilience in young children, while providing a sound theoretical perspective that is accessible for all.

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