

Contents

Foreword by John Bellamy Foster | 7

Preface | 17

PART ONE: Why an Alternative Is Essential

1. The Social and Ecological Planetary Emergency | 25

2. The Root of the Social-Ecological Crisis | 49

3. Capitalism versus the Biosphere | 75

4. Capitalism's Effects on People | 125

PART TWO: Is an Ecological Society Possible?

5. Humans as Part of Nature | 157

6. Does "Human Nature" Prevent System Change? | 173

7. Equality as Biological Fact | 197

PART THREE: Learning from Nature

8. The Biosphere: Cycles of Life | 213

9. Developing Resilient Social-Ecological Systems | 231

10. Ecological Approaches to Fulfilling Human Needs | 247

PART FOUR: Toward a New Society

11. Living in an Ecological Society | 283

12. Revolution: Creating an Ecological Society | 305

Notes | 331

Index | 373